

Sharon Casey

M.A.
Trainer-consultant

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PROFILE

Teacher, Trainer, and practitioner with 20 experience. Recognized for her ability to promote and support the implementation of strengths-based teaching and intervention.

WORK EXPERIENCE

Solution-focused Trainer-Consultant; Lavoie Solutions 2011 – present

Developed and led projects that improved the climate and contributed to social and emotional learning in elementary and high schools in Quebec.

Developed effective and engaging instructional and promotional material.

Created and offered training workshops with consistently positive evaluations for practitioners in a variety of settings.

Created and offered training to help principals, teachers, and members of student services teams in elementary and high schools use the solution-focused approach in teaching, managing challenging behaviours, and working with families.

Certified trainer and coach for the Kids' Skills Program (Helsinki Brief Therapy Institute)

Trainer-consultant; Suicide Action Montreal October 2009 – August 2018

Taught the principles of the solution-focused approach to more than 1,300 mental health professionals as part of the training program Best practices in suicide intervention.

Developed and offered workshops on suicide risk assessment and the application of the solution-focused approach for suicidal prevention (workshops recognized by the Order of Psychologists of Quebec).

Trained and evaluated suicide prevention trainers accredited by the Quebec Association for Suicide Prevention (AQPS).

Contributed to the development and adaptation of suicide prevention training for youth clients, First Nations and Inuit communities.

Co-author of AQPS training *Repérer la personne vulnérable au suicide et appliquer les mesures de protection requises* (screening for suicidal ideation and the application of security protocols) for employees of the health and social services network.

Offered clinical support and post-training follow-up in suicide prevention to health and social services agencies, community organizations, and schools.

Applied the solution-focused approach in crisis interventions with suicidal people and offered clinical support to practitioners working on a suicide prevention hotline.

Learning Skills Professional; John Abbott College 2002 – 2007

Assessed the personal and academic support needs of students with learning disabilities and mental health issues based on their skills and goals.

Helped students at high risk of academic failure and new immigrants with adjustment difficulties reduce their stress levels, increase their sense of competence, and successfully complete their college courses.

Worked in collaboration with student services and teachers to develop and implement support programs and accommodations necessary for academic success.

Developed and led workshops on writing, learning techniques and personal skills (stress management, organization) and coordinated academic peer support programs.

**Clinical caseworker; Portage Drug Rehabilitation Centre
1997— 2000**

Taught and counselled adolescents and young adults as part of a therapeutic community.

Helped young people set goals, identify and develop personal and academic skills, and help their peers navigate the program.

**School retention program coordinator; Upper Dawson Tennant Association
1993— 1994**

Developed and coordinated a school retention program under the leadership of parents in a community of families living in subsidized housing.

Collaborated with schools and families to support adolescents and young adults with personal and academic difficulties.

Developed and lead workshops for parents and children.

Developed and taught a preschool program.

**Teacher; Various contracts
1991— 1997**

Taught various subjects in elementary and secondary schools in regular programs and in special education.

Taught academic upgrading programs in community college and in a prison.

EDUCATION

University of Toronto/OISE — Certificate in Brief Coaching, 2021

Concordia University — Master of Educational Studies, 2010

Acadia University — Bachelor of Education, 1991

Acadia University — Bachelor of Arts, 1989

RELEVANT TRAINING

Certified Kids Skills Coach (Helsinki Brief Therapy Institute — 2021

Solution-focused Schools Conference — 2019, 2020, 2021

Webinar: Transforming Conversations in Our School Communities — 2019

Solution-focused brief therapy for youth and their families (2 days) — 2018

Grief and trauma: promoting post-traumatic growth (1 day) — 2017

Solution Focused Brief Therapy Association Annual conference — 2016, 2019, 2020, 2021

Solution-focused brief therapy: Advanced training (2 days) — 2014

Solution-focused brief therapy: Basic training (2 days) — 2010